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August 24, 2011

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## First Selectman's Corner

As of the publishing of this edition of *Saybrook News*, which we started nearly ten years ago, I am pleased to report another successful year dealing with the town's finances, operations, and balance sheet; to this matter please see the treasurer's column in this issue which articulates our policies and results over the years of this administration.

The positive results of these years' financials conclude with recommendations given to the Board of Finance at its August 2 meeting to provide for the use of a \$197,000 surplus. This surplus was the result of a bond refinance, which saved us \$194,000 of interest cost. Other money came from the prudent management of the budget.

The town is in excellent financial shape and in an enviable position to "stay the course" and continue our policies that will help us remain a sustainable town into the future while still meeting the goals of a positive exemplary community.

Now that I have chosen not to seek re-election, and as I leave office this November, I want to acknowledge and thank this community and others for all their support and confidence over these many years. Upon exiting from the office I have enjoyed for the past twelve years, I wish you all health and happiness.



Thank you and good bye

*Michael A. Pace  
First Selectman 1999-2013*

Resort to Relaxing this

# Fall

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- Romantic
- Anniversary
- Corporate
- Family

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## From the Treasurer

On June 30, the Town of Old Saybrook successfully completed another fiscal year, with actual General Fund revenues exceeding actual General Fund expenditures by approximately \$300,000 (just under 1% of the budget). The town remains in excellent financial condition.

Over the past twelve years, we have continuously increased the net worth of the Town of Old Saybrook, so that now we have a net worth per person on a par with the richest AAA-rated towns in the state. And we have done it with mill rates that are among the lowest in the state. The high net worth reflects the modern facilities and infrastructure built during this time period to provide needed services and a high quality of life to our residents. These facilities include the fire-house, Saybrook Point, Acton Library, the new Town Hall, the Cultural Arts Center, Open Space recreational areas, and newly renovated school buildings.

The policies, philosophy, and planning that have made this possible include developing a culture to be the best at everything we do; taking care of our assets; limiting the amount of debt incurred (by planning our needs carefully and using sinking fund cash for soft costs prior to bonding); and addressing the health, safety, and welfare needs of all of our citizens (being one community). This is the legacy that will be left behind as Mike Pace and Bill Peace depart for greener pastures. We wish them well and hope that we can sustain these practices in the future.

*Robert Fish, Treasurer*

## Grandparent Group

Many grandparents today are stepping in to raise their grandchildren when the children's own parents are not able or willing to do so. This presents special challenges unique to second-time-around "parenting." A support group for grandparents raising grandchildren meets at Old Saybrook Youth & Family Services to help them meet these challenges.

During informal meetings, members provide emotional support to other grandparents in similar circumstances. They offer the wisdom of their experience, help with finding local resources, and provide encouragement, and humor. Grandparents help each other see through the challenges and appreciate the rewards of providing a safe harbor for their grandchildren.

The Grandparents Raising Grandchildren group meets twice a month, on Wednesday evening, from 6:00 to 7:30 p.m. New grandparent members are always welcome. The next meeting will be Wednesday, September 7 at 6:00 p.m. at Old Saybrook Youth & Family Services, 322 Main Street, Old Saybrook, Connecticut. For more information please call 860-395-3190.

*Submitted by Patricia A. Rivers, LPC, Group Facilitator*

## MARIS LEBLANC

*Shoreline Properties*



**WESTBROOK:** Waterfront - Modern 4 BR Cottage offers Granite, Stainless, Bamboo Flooring & open floorplan w/ beach - Turn Key Chic. **\$399,900**



**WESTBROOK:** Waterfront - 3 BR Cottage w/ 1 BR Guest Cottage offers rustic charm & character throughout, patio & beach. Enjoy one - rent one! **\$569,000**



**OLD SAYBROOK:** Fenwood Beach Association. Lovely 3 Bedroom Ranch offers living room w/ fireplace, hardwood floors, new windows, finished lower level, 1 car garage. **\$319,900**



**WATERFORD:** Meticulously updated 3BR Ranch features hardwood flrs, formal DR & LR, 2 fireplaces, finished basement and fenced backyard. **\$308,500**

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## Nightingale Scholarship Fund

The Old Saybrook Public Health Nursing Board would like to thank the community for their generous donations.

The donations made by local residents and businesses to the Nursing Board's Nightingale Fund enabled the board to give four \$2,000 nursing scholarships in 2011! The scholarship recipients were Mary Katherine Hoey, Thomas Heinssen, Sarah Bell, and Allison Nagy, all Old Saybrook High School graduates. The Public Health Nursing Board, responding to the ever-worsening shortage of trained nurses, established the Nightingale Fund in 2005 to help fund annual nursing scholarships for Old Saybrook residents.

Many of our past scholarship recipients are currently working in key professional nursing positions in our state, which is both gratifying and a testament to the success of this program.

The community response to the nursing scholarship appeal was inspiring and the Nursing Board would like to thank the following individuals and businesses for their generosity:

Margaret Samela	Charles & Suzanne Millspaugh
Sara Keane	Scott & Jean Alexander
Neal & Barbara Slobin	Nancy Walsh
Kathleen & Andrew Baloise	Maryann Iadarola
Sharon Craft	Lorraine Splain
George & Barbara Maynard	Madeleine & Robert Fish
Margaret Viggiano	Rick Morant DMD
Craig Wilson, DDS	Richard Goldfeder DMD
Elsa Payne	Joan & Robert Wendler
Sarah Becker	Paul & Susan Tracey
Grace & Charles Bates	Margaret Abraham
Charles & Shirley Brockway	Ken & Nanette Navarro
Karen Beebe/ <i>M&amp;J Bus</i>	Dr. & Mrs. Mark Konarski
Hadass & Matthew Rubin	William Wrightman
M&M William Walton	Frances Peretto
Phyllis McDowell	Linda Demas
David Hull/ <i>B&amp;L Construction</i>	Diane Aldi DePaola
Paul Orsina/ <i>Westbrook Block Co.</i>	Robert Edmonstone DDS
John & Alice Schofield	Ethel Davis
Andre Prost Inc.	Ruth Fitzgerald
Lincoln & Elizabeth Thompson Jr.	Barry & Dorothy O'Neil
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It is not too late to donate to the Nightingale Fund; please send donation along with your name, address, phone and email to:

Old Saybrook Public Health Nursing Board, Nightingale Fund, Town Hall, 302 Main Street, Old Saybrook, CT, 06475

Thank you.

Diane Aldi DePaola, Chairman OSPHNB



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**OLD SAYBROOK \$1,485,000** - "House Beautiful" with water views from almost every window! Re-built in 2005 from the foundation up. The open floor plan with 3 bedrooms, 2-1/2 baths, a 2 car garage and professional landscaping are just a few of the pristine features. Spectacular sunsets ... priceless. Mary Beth Joyce 860-227-5801



**OLD SAYBROOK \$439,000** - Meticulously Contemporary Cape with a European flair. 3 bedrooms and 3 1/2 baths plus a possible In-law Apt. Beautiful features include a wonderful bright kitchen, hardwood floors and a fireplace in the large living room. A Sauna and Game Room are in the Lower Level. Call Mary Beth Joyce.



CAROL DRAG



MARIA RUBERTO



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# Events

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Cover photos of the Baldwin Bridge 100th Birthday  
Celebration by Beth Goodnow of Old Saybrook

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## The Rotary Club of Old Saybrook

The first Rotary Club was organized in Chicago, Illinois on February 23, 1905 by Paul C. Harris. Paul gathered a small group of businessmen in Chicago and they met regularly at a different place each time, thus the name "Rotary." Since 1905 the ideas of Paul C. Harris and his friends have become ideals for men and women of Rotary around the world. Today there are over 32,000 Rotary Clubs in 190 countries with a membership of over 1.2 million. The motto, "Service Above Self."

The Rotary Club of Old Saybrook was organized at a meeting held on November 1, 1926. Weekly meetings were scheduled for Mondays at 12:15 at the Pease House on Bridge Street at Saybrook Point. The charter was presented by the Rotary District Governor, District 7980 on Monday evening, May 18, 1927 and "The Rotary Club of Old Saybrook" was on its way to serve the communities of Old Saybrook, Westbrook, Lyme, and Old Lyme.

From the early days "The Club" has been involved in the community with many and varied service projects with a strong focus on education.

In 1977 the club set up the first four-year, academic scholarship, beginning with \$1,000. Two two-year scholarships of \$500 each were quickly added to the program, along with a second four-year scholarship. In 1999 the value of all of the scholarships was increased, and now, each year The Rotary Club of Old Saybrook presents three four-year awards of \$1,500 per year, and three, two-year awards of \$1,000 per year.

"The Club" also recognizes the achievements of Old Saybrook High School students with its *Student of the Month* program. Each month, of the nine months of the school year, a student is chosen by the school to represent a discipline of study e.g., math, english, social studies, etc. The students, their parents, and the teachers are invited to our breakfast meeting on the second Wednesday of the month where they are presented with a certificate of recognition and a \$50 savings bond. On a historical note, our first Old Saybrook High School "Student of the Month" award was given October 7, 1991 to Brendan Walsh.

In 1997 an "Interact" club was organized in the Old Saybrook High school. Interact is a Rotary program designed for young people 14 - 18 years of age. The program provides an avenue to serve the local community and also to be part of Rotary world wide.

Today the Old Saybrook High School Interact club is extremely active, with several ongoing projects, such as being the sole provider of a Soup Kitchen meal from planning cooking, serving, and the clean up.

*Continued on page 8*





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*Rotary Club ... continued from page 6*

The Interact club has also built and delivered four utility sheds for Habitat for Humanity® homes in the area.

"The Rotary Club of Old Saybrook Foundation" was established in 1987. The foundation has grown over the years and has provided funds to support a wide variety of programs: DARE, RYLA (Rotary Youth Leadership Awards), our local scholarship program, International World Affairs Seminars, Warm The Children, Community Outreach Program, Meals on Wheels, Student of the Month, and the Dictionary Project.

During the past five years programs sponsored by the Rotary Club of Old Saybrook Foundation have distributed more than \$265,000 to benefit residents in the communities served: Old Saybrook, Old Lyme, Lyme, and Westbrook. The Rotary Club of Old Saybrook scholarship program has provided \$95,000 to 35 students for college tuition, the Warm the Children program has furnished \$115,000 to buy winter clothing for 1300 children in 7 local towns; and Community Outreach, made possible by a generous bequest from a former Rotarian, has distributed over \$55,000 to needy people in our community.

In 2002 the Rotary Club of Old Saybrook became the first Rotary Club in Connecticut to distribute dictionaries to elementary school children. Since its inception, the Rotary

Club of Old Saybrook dictionary project has given over 3,500 dictionaries to elementary school children in Old Saybrook, Westbrook, Lyme, and Old Lyme.

To learn more about the Rotary Club of Old Saybrook and the Rotary Club of Old Saybrook Foundation, go to our web site, [www.osrotary.org](http://www.osrotary.org).

Next deadline  
for  
*Old Saybrook*  
*Events*  
is November 11

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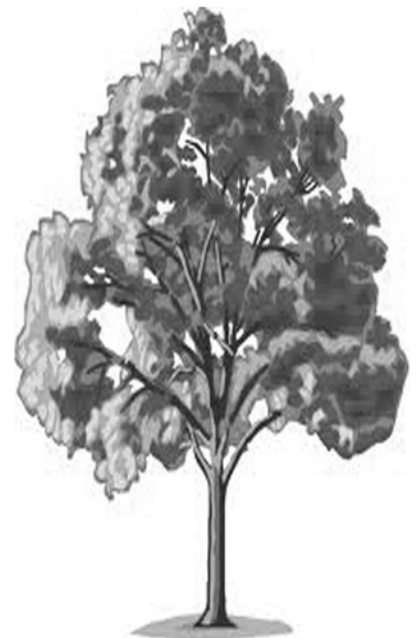
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## 2013 Revaluation

Persuant to section 12-62 of the Connecticut General Statutes, the Town of Old Saybrook is mandated by the State of Connecticut to do a town-wide property revaluation every five years. Every tenth year (or every other revaluation) it is mandated that we do a full measure and inspection. It was nearly three years ago that we did our last revaluation, and even though the next revaluation isn't due until October 1, 2013, we need to begin the process now in order to inspect as many seasonal properties as possible. This revaluation will require a full inspection of each dwelling as well as commercial/industrial properties. During this visit to your property we must also verify the exterior measurements. This whole visit will generally take five to ten minutes. No inspection will be attempted unless there is an adult present. Our data collector will make three attempts to catch you at home, if he cannot, we will send you a letter asking you to call the Assessor's Office in order to make an appointment for an inspection. This appointment will be done at a time when it is convenient for you as well as the data collector.

From July through Labor Day we will be focused on seasonal properties along the shoreline, and the year-round properties will be visited during the remaining months.

The person working in the field will carry identification in the form of a letter signed by the Assessor as well as a Town of Old Saybrook identification card. His vehicle will be registered with the Old Saybrook Police as well as the Assessor's Office. The Town of Old Saybrook has retained Mr. Luke Parker. He is collecting and verifying data for the 2013 revaluation. Mr. Parker's primary vehicle is a white, 4-door Ford Focus, his secondary vehicle will be a gray, 4-door Nissan Maxima and he started the field work on July 25, 2011.

### OLD SAYBROOK SALES HISTORY - 2010 & 2011

During 2010 there were 180 useable sales.

4 - Dockominium            2 - Commercial Condos  
 18 - Residential Condos   4 - Commercial sales  
 152 - Residential Sales

The overall average for the years indicated that the Old Saybrook property values were down 24% compared to October 1, 2008.

To date in 2011 there are 110 useable sales.

3 - Dockominium sale    11 - Residential Condo sales  
 7 - Commercial sales    89 - Residential sales

By the end of July 2011 our overall average indicates that the Old Saybrook property values are down 19%. At this rate we could easily match last year's percentages.

During 2010 and 2011 there have been about 25% of these sales that have sold for more than our 2008 value. However, even with the help of those sales were are still down overall.

By the time that we finish the 2013 revaluation anything could happen, but right now the market seems steady at these rates.

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## Estuary Council Regional Senior Center

Estuary Council of Seniors, Inc. has been Serving Seniors in the nine-town Estuary region for 35 years. Call us to receive our Gazette Newsletter or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more.

Donate Your Car or Boat to the Estuary Council! Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run! Proceeds benefit the vital services we provide in the nine-town Estuary Region.

**The 7th Annual "Autumn on the Dock"** An Evening of Live & Silent Auctions, Wine Tasting and hors d'oeuvres to benefit Meals on Wheels and Senior Nutrition.

**Sunday, September 18** from 5-8 p.m. at the Dock & Dine Restaurant - Bid on items such as these: Classic Cocktail Party; Maine Cottage for a week; Bradford Renaissance Portrait; Lunch cruise for 4 on a 23 foot SeaOx; Fishing trip for 4; Golf with Carts at Fox Hopyard Golf Club; Pearls; Massages; Spa Packages; Dining. Tickets: \$45 per person. For more information, to become a sponsor, or to purchase tickets contact Sandy Hart at 860 388-1611.

*Continued on next page*



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*Estuary ... continued from previous page*

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**Estuary Quilt Raffle Tickets Available** - Diana Britt, formerly of Westbrook and Camille Blok of Old Saybrook have each donated original quilts they created just for the Estuary. The first prize autumn theme quilt is being displayed by Mike Neville. The "I Love Life" quilt by Camille will be the second prize in the raffle. Tickets are available at local fairs, our board of director members, and the Welcome Desk for \$1 each. Drawing will be at the Autumn on the Dock Auction on September 18. Winner need not be present to win. Tickets are only \$1 each.



*Left to Right: Camille Blok holding the second prize quilt "I Love Life," and Mike Neville with first prize Autumn quilt by Diana Britt*

**Interested in Scrabble?** - Call Deb at 860-388-1611.

**Woodcarving Class** - Meets 1st and 3rd Wednesday at 9 a.m. Beginners to advanced levels welcome. This group of men and women met and did their first project. Call Ed Gorman at 860-388-5737 for more information.

**Stan Greimann Estuary Medical Outpatient Transportation** - For medical appointments to any medical location beyond the nine-town estuary region. Call Judy at 388-1611. Suggested donation of \$35. EMOTS is supported by the Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**Cafe Meal Sites** - Chester, Clinton, Old Lyme, Old Saybrook, & Westbrook. Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

**Meals on Wheels** - Hot meals delivered to your home. Call Diane at 388-1611. A \$2.50 donation request for those aged 60+ ; otherwise cost is \$6.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**Classes and Activities** - Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Tai Chi, Cribbage, Writer's Group, Book Club, Quilter's Group, Dominoes, Needlecrafters, Hand and Foot, and more!

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## WPCA Update

In July, the WPCA broke ground in the Wastewater Management District's (WWMD) first neighborhood, Saybrook Acres. The septic system upgrades for these 24 properties will be completed in September. The construction process has been both smooth as far as working with the contractor (Lombardi Construction LLC) and challenging in the field. The systems are not going in as quickly as anticipated due to situations that have been cropping up on the sites. For example, the crew has discovered an abandoned propane tank, extra dry wells and buried structures, a broken outlet pipe, and a leaching system installed over old dry wells, just to name a few. This along with the addition of a few high-priority repairs has pushed the schedule back somewhat. However, the completed upgrades have been very satisfactory to both the WPCA and the homeowners.

The upgrade designs for the next 2 areas in Saybrook Acres are in review and have been combined into one contract (of 44 properties) and will be put out to bid in the early fall.

Oyster River East and Saybrook Point have been through the site investigation phase and by the end of August, Thompson will also have gone through the soil testing, information gathering, and photo documentation process. The next neighborhood to enter the program and the last in Phase I is Cornfield Park. The WPCA is planning for a public

information session and application release in the fall.

One question that homeowners have raised is the need to mark the street. This is the *Call Before You Dig* ([www.cbyd.com](http://www.cbyd.com)) process, which is state law predicated by a devastating accident that occurred years ago when an excavator hit a gas line. Digging equipment operators (in this case the town and then the contractor) are required to contact CBYD 2 days before they schedule any digging. They must then mark the streets in white paint indicating where the digging will take place. CBYD then coordinates the marking of the utilities with the various utility companies. Therefore, before we begin the soil testing, our inspector will use a small stencil to spray-paint letters on the street. The consequences of not performing this mandate may be accidents, disruption of utility service to homes in the neighborhood, and tens of thousands of dollars worth of fines and repair bills to the town.

Important! While the WPCA is happy to demonstrate the upgrade process, it is imperative that residents do not approach a construction site and the contractor's vehicles or equipment. The police are notified when and where the WPCA is working and will ensure that residents can pass safely and are respecting the boundaries and equipment.

As always: the WPCA office has materials available concerning runoff, gardening, water quality, and other environmental information for residents to pick up in Town Hall.

We are happy to provide these materials for any organization in town. You can also view the links on our website ([www.oswpca.org](http://www.oswpca.org)) for brochures on raingarden development and water quality protection.

We have included an article in this issue on the impacts of leaky faucets and running toilets.

\*Remember to direct your septic system service provider to input pumpout details into our online system to avoid jeopardizing your permit to discharge. Residents can check their status on the WPCA website or Town's WPCA page under the link on the left titled "Septic Search: Check Pumpout Status."

Thank you for your continued support of our programs and interest in "green initiatives."

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# So Here's The Story...

(of why we started our new business Choice Modular Homes.)

For the past several years we have been searching for a great modular home manufacturer to represent and when we found the right one, we started our company Choice Modular Homes. In July we completed our first "build" and now our new company is fully underway.



Check out a few photos from our first build in Old Saybrook. [www.ChoiceModularHomes.com](http://www.ChoiceModularHomes.com)



So how does Choice Modular Homes fit in with TeamJermaine Real Estate Services you ask? It's simple. As Realtors we have always worked to help you find an existing home that is just right for you. Now as modular home builders, if we can't find it – we can help you build it. Seems like a good idea to us. We love to help all our clients whether buying, building or selling!

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# Showtime at the Cemetery

## Promoting Local History

This fall the Old Saybrook Historical Society and the OS Middle School, in cooperation with the Cypress Cemetery



*Civil War soldier Giles F. Ward, Jr. was a 1st Lieut. in the 12th N.Y. Calvary. He was the only son of Giles and Lucy Ward of Saybrook. He was killed during the war in North Carolina on Jan. 28, 1865 and reportedly said, "I have fought a good fight. One life seems little to offer to my country." He is buried in Cypress Cemetery.*

Association, will be working together to promote learning about Old Saybrook history. The project will have students research the lives and times of prominent local individuals who are buried in "the ancient burial ground," Cypress Cemetery. Some 10 or 12 historic individuals will be identified and students or small groups of students will select one individual to investigate. In addition to their regular school resources, students will conduct their investigation by using the resources at the OSHS Archives, the Acton Public Library, the internet, personal interviews and other community resources

After completing their research, students will represent their historic individuals by dressing and

reenacting as if they were those people. This will be done in October at his/her gravesite in the Cypress cemetery.

The public will be invited to attend and interact at the cemetery with these "prominent residents." Students will be in the costume of the period for "their" individual and be at the gravesite to represent that person by answering questions from visitors. OS Middle School Social Studies teacher Bob Labriola will be working the Historical Society to coordinate this project.

In addition to learning local history and placing it in context of larger state and national events, it is expected that students will develop skills related to research, critical thinking, an improved ability to communicate, and interpersonal skills.

**Find Out More About Your Past** - Back by popular demand is the only way to describe the upcoming genealogy workshop to be offered by the Historical Society starting in October. Now you can find out more about the wonderful, and sometimes surprising, world of your own ancestors and what makes your family unique. If you have some knowledge and research skills, or a desire to learn more, an intermediate level genealogy workshop is being offered at the Frank Stevenson Archives, 350 Main Street. Conducting the workshop will be Greg Thompson, a professional genealogist who has been teaching genealogy for 15 years. Greg holds positions in many genealogy organizations, is a descendant of several Mayflower Pilgrims and the Indian Princess Pocahontas, and is a professional genealogical researcher.

A beginner-level course has already begun at the Historical Society. However, enrollment is now open for the four-session intermediate level course. The cost for Old Saybrook Historical Society members is \$40, for nonmembers \$55, which includes a one-year membership in the Society. Enrollment is limited and all materials are provided.

All sessions will be held in the Frank Stevenson Archives, 350 Main Street, beginning at 7:00 p.m. on Tuesday, October 18; Tuesday, October 25; Wednesday, November 2; and Tuesday, November 8. For further information or to register, call the Society at 860-395-1635.

**Dorothy Swan, Old Saybrook Historical Society Librarian and Active Volunteer** - Dorothy Swan died of pancreatic cancer on Sunday, July 3 at the Connecticut Hospice in Branford. She was 87. For more than two decades, she served in many volunteer roles, most memorably as the librarian at the Frank Stevenson Archives. Through her genealogical and historical research she was a valued asset to the society, beloved by her colleagues for her sunny disposition, and appreciated by the countless local and overseas visitors who visited seeking information. Born Dorothy Eleanor Clark on Dec. 5, 1923, in Big Stone Gap, Virginia, she grew up in Carney's Point, New Jersey.

*Continued on page 17*

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## Septic System and Smart Water Use

### Impact of Running Toilets and Leaky Faucets

Running toilets and leaky faucets may seem merely annoying, but they can actually cost homeowners thousands of dollars. A toilet running for an entire year, as estimated by the calculator in the ABT water estimating website ([www.abtwater.com/MeterCalc.html](http://www.abtwater.com/MeterCalc.html)), can cost \*\$2,100 in water bills. You can use the website's calculator to determine what a leaky faucet costs by inputting information in the boxes provided by the website. An even costlier result of running water is the impact to your septic system. You might be hydraulically overloading your septic system, causing it to pass solids into the leaching field and ruining it. Excessive water in the leaching field also prevents the soil from naturally cleansing wastewater.

Water conservation practices tend to prolong the life of the system. For example, besides repairing leaky faucets and running toilets, try to fill the sink to do dishes instead of running water continuously and do not leave the water running while brushing your teeth. Doing laundry all in one day might seem like a good use of time, but it could also be harmful to your septic system. By doing several loads in succession, the septic system does not have time to adequately treat wastes.

From an environmental standpoint, leaking faucets and running toilets can waste staggering amounts of water (over 1 million gallons per year for 500 homes at a 60 drip per minute rate.)

#### Tips: Signs of a leak

There are a number of signs that a toilet needs repair, but many toilets leak without conspicuous indications of trouble. Here are some signs of a leaking toilet: if you have to jiggle the handle to make a toilet stop running; any sounds coming from a toilet that is not being used; if you have to hold the handle down to allow the tank to empty; if you see water running over the top of the overflow; if you see water trickling down the sides of the toilet bowl long after it's been flushed; if water drips out of the refill tube into the overflow pipe; and if a toilet turns the water on for 15 seconds or so without you touching the handle (phantom flushes).

#### The Dye Test

Even if your toilet doesn't have any of these symptoms, it's still possible it is leaking. There is an easy test that will tell you whether or not a toilet is leaking. Remove the cover on the toilet tank and carefully set it aside. Remove any "in-tank" bowl cleaners that color the water and begin the test with clear water in the tank as well as in the bowl. You'll need some dye. Some water companies provide dye capsules or tablets, but food coloring, instant coffee, or several tablespoons of a powdered fruit drink mix work fine. Put enough dye in the tank water to give the water a

deep color. Wait 30 minutes and make sure nobody uses the toilet. In 30 minutes if you find any of the dyed water in the toilet bowl - the toilet is leaking. A properly operating toilet will store water in the tank indefinitely without any water running into the bowl.

If you've done the dye test and found your toilet is leaking, you might want to identify the culprit. Here's a list of the most common places inside the tank that can leak into the bowl.

A worn out flapper or ball.

A damaged seat under the flapper.

A damaged gasket under the flush valve.

A hole or crack in the overflow tube.

A refill valve (ballcock) that needs a new seat or washer.

There is a second test that tells you what part inside the tank is responsible and needs fixing. For further information the website [www.toiletology.com/leaking.shtml](http://www.toiletology.com/leaking.shtml) discusses the process and some repairs.

\*This estimate accurately compares to the CT Water rates schedule of approximately \$7 per 1000 gallons.

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## Town Clerk's Office

### Congratulations!

We congratulate the following on their recent marriages:

- Timothy Gallagher and Janine Boyl – April 29
- Dean Giglietti and Michelle Manter – April 30
- Andrew Montanaro III and Maryjo Bitgood – May 7
- John Stock and Melissa Viens – May 7
- Matthew Solt and Lori Pasioka – May 28
- Thomas Golkowski and Britnie Maynard – May 29
- Deanna Marshall and Keri Sharman – June 3
- Thomas Hine and Marie Salzo – June 4
- Lyndsay Churchill and Erik Judkins – June 5
- Christopher Strasser and Kristin Bessoni – June 11
- Jeremy Deitz and Elizabeth O'Brien – June 11
- Sarah Briggs and Steven Proulx – June 17
- Donald Champion and Renay Bartlett-Allen – June 18
- Nicholas Ramsey and Sarah Henderson – June 18
- Joshua Goldstein and Daria Rubin – June 18
- Eric Lefebvre and Gemmina Magnano – June 18
- Robert Werner and Jordan Zdeb – June 25
- Michael Bruce and Bonnie Dunfee – June 25
- Brian Vlad and Christina Baker – June 25
- Tyler Bourn and Kathryn Fleet – July 1
- Howard Williams and Pearl Pierangelo - July 2
- Ivan Alexander and Danielle Delaney – July 2
- Keith Meehan and Mariah Jeffrey – July 1

- Kyle Corneau and Vicki Sylvestro – July 8
- Aaron Goodman and Danielle Hushion – July 9
- Jason Reed and Kimberly Heller – July 9
- Robert Waz and Vicki Barclay – July 15
- Theodore Hartenstein and Jill Harder – July 15
- Marc Borghesi and Sara Reznick – July 16
- Richard Poitras and Crystal Farrington – July 16
- Mark Ferriter and Kristine Mazur – July 22
- Joshua Stewart and Lauren Weaver – June 26
- Joseph Comerford and Carrie Henderson – July 30
- Michael Armstrong and Lucy Driggs – August 7
- Michael Lombard and Stephanie Maye – Aug 9

### With Sympathy

We would like to express our condolences to the families of recently deceased Old Saybrook residents:

- |                   |                    |
|-------------------|--------------------|
| Rose Bauer        | Micahel Milano     |
| Helen Callachan   | Rose Milardo       |
| Maralyn Callahan  | Sophie Okula       |
| Loretta Carlson   | Tabitah Popplewell |
| Dorothy Chrimes   | Robert Preece Sr.  |
| Pauline Freeman   | Robert Regan       |
| Emma Grief        | Robert Staplins    |
| Mary Jane Hensley | Marsha Stevenson   |
| Bernard King      | Horace Weischet    |
| Clyde McKee, Jr   |                    |

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**Municipal Election** - November 8. ABSENTEE BALLOTS will become available on October 7. If you are going to be absent from town; away at school, travelling abroad, relaxing in Florida, on vacation or any other reason, you should obtain an application for your ballot to be mailed to you. You may also stop at the office after October 7 apply for and pick up your ballot. You can go to the website at [www.oldsaybrookct.org](http://www.oldsaybrookct.org) and download the application by accessing the Town Clerk page, scrolling down to Election and Referendum Information and clicking on Absentee Ballot and Voter Registration Applications. Mail the form to Town Clerk, 302 Main Street, and the ballot will be mailed when it becomes available.

**Notice: Salt Water Fishing** - We have received information that when you purchase a CT saltwater fishing license you will be required to give your day/evening phone number. The reason is to improve the estimates of fish harvested by saltwater anglers in order to help manage and rebuild fish stocks and assess the economic importance of recreational fishing. You can also find more information regarding this on [www.ct.gov/deep](http://www.ct.gov/deep) or [www.countmyfish.noaa.gov](http://www.countmyfish.noaa.gov). Hours: M - F, 8:30 a.m. - 4:30 p.m. 860-395-3135. Town Website: [www.oldsaybrookct.org](http://www.oldsaybrookct.org).

*Sarah V. Becker, Town Clerk  
Christina Antolino, Assistant Town Clerk  
Cindy Kane, Assistant Town Clerk*

*Historical Society ... continued from page 14*

She attended Keystone Secretarial School in suburban Philadelphia and went on to earn her masters in library science with a minor in Cartography at Queens College. When her husband of 57 years, Donald, became president of the Historical Society, she served variously as trustee, registrar, membership chairman, docent, docent-trainer, and grandfather-clock winder. Though an auto accident took her husband's life and left her with painful injuries, her positive outlook kept her going at the archives.

She was an accomplished needlepoint and award-winning sewing enthusiast and her work has been displayed in area libraries. Although her sight was failing in her 80s, she still managed to assemble 13 dollhouse kits. She and Don were recognized by the State of Connecticut for documenting Winthrop Cemetery and they bought a burial site there beside a plot of rare wild orchids they tended. On the rustic bench alongside their cemetery site is a modest plaque with the couple's names, dates, and "They tended the orchids." A celebration of the life of Dorothy Swan will be held in the garden at the Old Saybrook Historical Society, 350 Main Street, on

September 18, from 2:00 - 4:00. All friends and colleagues are cordially invited.

**New Archive Hours** - The Old Saybrook Historical Society has announced its winter hours for the Archives, 350 Main Street. The Archives are open to the public without charge and hours are Wednesday and Thursday, 9:00 a.m. to 12:00, and Saturday 1:00 to 4:00 p.m. Other hours are by appointment.

**Historical Society Membership** - Membership in the Old Saybrook Historical Society is open to, and composed of, people of all ages, various interests, and from Old Saybrook and around the country. We share a common bond in preserving, protecting, and promoting Old Saybrook History. As a volunteer organization, we participate in and conduct a number of programs for the community. We welcome your membership and, if interested, your participation in the Archives, the historic Gen. William Hart House, our heritage gardens, or in any of our numerous public programs. In Old Saybrook, "the past is not dead, it is not even past." For further information or to volunteer, please call 860-395-2662.

- *Tedd Levy*

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## *Old Saybrook Well Represented at Youth Leadership Conference*



*OSYFS holds its first annual LEAD Conference*

On July 15, 2011 Old Saybrook Youth & Family Services was proud to join Branford, Clinton, Chester, Deep River, Essex, East Haven, Guilford, Haddam-Killingworth, Madison, and Westbrook in organizing and holding the first annual LEAD Conference. LEAD is an acronym that stands for Leadership Encourages Asset Development. This youth leadership conference was represented by Old Saybrook students Griffin Alden, Dominic Banning, William Burton, Ryan Dowd, Mitchell Lee, Ali Messina, Brittany Rosser, Val Sacco, and Emily Santamaria. It was led by Kristen Cartier, Youth Coordinator, and Brittany O'Neil, interim Volunteers Coordinator.

The students began the day with ice-breakers and energizers run by Patrick Connolly and Chris Pallato of the Connecticut Camp Guys. The CT Camp Guys engaged the students in high-



*Old Saybrook Students*

energy activities. Once the group was full of energy, Connolly and Pallato divided the large group into smaller tribes. These tribes were used for discussion and small-group activities. The students assessed and brainstormed about the 40

Developmental Assets in each of their communities and ways in which they could address assets that the students believe their community lacks.

Following lunch, provided by the Old Saybrook Food Services, the students reconvened to listen to David Pease present on "The Truth about Alcohol & the Adolescent Brain."

The students listened and learned surprising facts about how consuming alcohol affects the development of the adolescent brain and decision-making. David shared his personal experience of alcohol impacting adolescent decision-making; he lost two of his three sons to car accidents due to alcohol involvement.

Catherine LeVasseur from the Governor's Prevention Partnership presented an educational power point on the "New Fads, New Challenges: Emerging Drug & Alcohol Trends." The students were surprised at the advertising and products geared toward people under the legal-drinking age. Catherine identified the challenge of keeping up with the current trends. She encouraged the students to become involved with any cause they are passionate about, citing her involvement in a teens against drugs and alcohol group when she was 14 years old which turned into her future career, through continued passion and involvement.

Next the students met Josh Therriault, a senior at Central Connecticut State University and repeat winner of the Wine and Spirits Wholesales of Connecticut PSA Contest. Josh showed the students the top ten Public Service Announcement videos of 2011. These videos represent ten college students submission of an anti-drinking campaign. The LEAD students were interested in the details, with several students asking how to become involved in this project.

After engaging in the high-energy activities and learning impactful information, the students at the LEAD Conference enjoyed an evening listening to music, playing games, and getting glitter tattoos. The shoreline towns involved in the first annual LEAD Conference are already planning for next year's event. The Old Saybrook student representatives held a follow-up meeting to create action-plans for implementing their new knowledge in a positive way within their schools and community.

*Submitted by OSYFS Youth Coordinator Kristen Cartier, MFT*

# THE BEACON

## The Old Saybrook Public Schools Newsletter

### Kathleen Goodwin School welcomes the class of 2024

This year's kindergarten class arrived on Friday, August 26 to meet their teachers and their new classmates. While the new students were making friends in their classrooms, their families met with the Goodwin support staff, the nurse, the new school counselor, Mrs. Denise Tedesco, and Miss Brown in the gym. Representatives from Youth and Family Services, the PTA, and M & J Bus Company were also available to answer questions and offer information regarding programs, schedules, and services. The morning visit ended with a ride around Old Saybrook on the big yellow bus, a trip that all children looked forward to experiencing!

Also, on Friday evening, the PTA welcomed all Goodwin families back to school with a picnic and special activities for the children. Everyone enjoyed seeing old friends and making new ones.

Mrs. Tedesco, a resident of Old Saybrook and a former school counselor in Glastonbury, joined the Goodwin staff this year. She brings with her several years of experience and her son who enters our kindergarten!

### Old Saybrook Middle School Events

Plans are underway for our annual Walk-a-Thon for the Cure. This year's walk will raise funds for research into a cure for breast and colon cancers. Past walk-a-thons have been in memory of Terri Brodeur, mother to three of our past and present students. The moneys raised directly support breast cancer research. This year's walk will also raise funds for colon cancer research in memory of Rose Milardo, our Grade 8 science teacher, class advisor, and friend, who passed away earlier this summer.

OSMS would like to invite the Old Saybrook townspeople

to join us in walking and raising moneys to commemorate these two courageous women who meant so much to our school and community. Volunteers are also needed to register walkers, assist them in tracking their miles, and hand out snacks. The walk will take place on Friday, September 23 from 2:00 p.m. - 4:00 p.m. Please contact the OSMS office at 860-395-3168 if you would like to participate.

### Old Saybrook High School Events

During the week of June 26, twelve Old Saybrook High School students competed in the 11th annual International Submarine Races in Bethesda Maryland. The week of racing was the culmination of two years work with teacher Fred Frese, including helping to design and build a one-person, human-powered sub, training in SCUBA, and practicing at local pools. The team took eighth place in a field of 29 university entrees and only two other high schools.

By the time of this publication, we will have started school, including a ninth-grade overnight trip to Camp Hazen to bond as a class in a renewed spirit of collaboration in the face of the new challenges of high school. Book groups with adults from the faculty and community will have reviewed students' summer reading.

In the year ahead, faculty will continue to build on our successful advisory program and will implement two new programs to support struggling students - a small alternative program and a system of interventions for students who need help meeting the rigorous demands of the academic program. Departments will continue to enhance opportunities for critical thinking, problem solving, applications of technology, and collaboration, in response to the new district strategic plan.

### *11th annual International Submarine Races in Bethesda, Maryland*

**Front row left to right:**  
Adam Martino, Julia McKay,  
Shannon Jorgensen,  
and Trevor Coley

**Middle row left to right:**  
Ariel Wise-Rios, Fred Frese,  
Jared Arcari, Bob Andreozzi,  
Jade Spitale, Tenzin Lama,  
Jennifer Ruth, Gretchen Busbnell,  
Sara Bell, and Nicole Vigorita

**Back row left to right:**  
Paul Melsky and Roy Manston



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## *Time's flying... like the Flu Virus*

Another flu season is approaching. It must be so because the flu shot signs are out at the "Big Box" stores. Is there a best place to get your annual shot? The vaccine available is pretty much exactly the same across providers. Although there are different manufacturers for flu shots the recipe is the same, coming from the Food and Drug Administration's Vaccines and Related Biological Products Advisory Committee.

This year the strains are:

A/California/7/09(H1N1)-like virus; A/Perth/16/2009 (H3N2)-like virus; and B/Brisbane/60/2008-like virus, which make up the shot.

These strains of flu are already present in the southern hemisphere and most likely will be moving north for our winter. Keep your eyes open for public clinics held in your town by the VNA of Southeastern CT.

Besides getting the flu shot as soon as you see it available, here's what you should have in mind to slow the spread of germs:

The flu spreads person to person though coughing, sneezing, and talking to someone already ill with the virus. You can also come in contact with the virus if you touch a surface that has been in contact with an ill person.

- Cover your mouth and nose with a tissue when sneezing or coughing. If you feel a sneeze coming on and no tissue is at hand - cough into the crook of your arm.
- Wash your hands with soap and water or alcohol-based hand rub.
- Avoid touching your eyes, nose, or mouth.
- Stay away from sick people.
- If there is a community outbreak, follow the advice of public health officials.

During flu season it's helpful to keep your environment clean, especially surfaces that are touched frequently. Don't forget your workplace; see that your phone, computer keyboard, and desktop are cleaned regularly.

If you or a family member comes down with the flu, stay home, drink plenty of fluids and rest. And always remember that if flu-like symptoms persist or worsen, contact your health care provider immediately. For more information call your Town Nurse, Tina Belmont, at 860-510-0035.

- Mary L. Lenzini, RN, MA, CHCE

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# Old Saybrook Parks & Recreation Ben Novinski Coaching Award



Each and every year since 1997 the Old Saybrook Parks & Recreation Department has given out an award to a deserving coach. The award is called the Ben Novinski Coaching Award.

Ben Novinski coached for the Parks & Recreation Department for a number of years. Ben showed the commitment and compassion for the youth of the community that is necessary to coach for Parks & Recreation. Ben made every

child feel welcome, made sure that all children had fun while learning skills and most importantly made sure that all children had equal playing time and a chance to play different positions. He was an incredibly giving coach that embraced children of all skill levels.

The Ben Novinski award is given annually to an Old Saybrook resident who has shown all the qualities of Ben and has coached a sport/activity for Park & Recreation for at least two years. In addition, individuals must have coached for at least 4 years in an Old Saybrook organization with children at different age levels. The qualified individual must be a positive role model for children, have worked with the children on the team concept, have worked with children of all abilities on building their skills for that particular sport, and emphasizes that sports are for fun.

Last year's award was given to Pete Sumbly at half time of the game he was coaching for the Old Saybrook Parks & Recreation Fall Soccer league. This year the Parks & Recreation Department is seeking nominations for the award. We will be given the award out this at Family Day on September 25th. If you would like to nominate a deserving candidate please contact Parks & Recreation at 860-395-3152, and ask for Ray. Past winners of the award include Kevin Wakeham, Tom King, Tom Knox, Peter McGuinness, Robert Burke, Bob Simoni, Paul Liberty, Marty Drobiarz, Dave DeAntonis, and Phil Ledwith.

Please visit our website at [oldsaybrookrec.com](http://oldsaybrookrec.com) to check all the new and exciting programs we have to offer in the fall months. Programs to keep an eye for include: Fall Youth Soccer League, Winter Basketball leagues, Annual Halloween party at Saybrook Point, Adult Yoga Classes, and many afterschool programs.

The outdoors during the fall months is quite possibly the most beautiful time of year. So let's get out there to enjoy it! There are 3 different wooded areas to enjoy for hiking, with blazed trails: Clark Community Park Trails, Great Cedars Conservation Area, and the Great Cedars East Conservation Area. There are maps for all three trail systems at the Recreation Center. There are also several parks that you can enjoy during the fall months, for playing basketball, throwing a Frisbee, playing baseball or soccer, and for playing tennis. The beaches provide a great vista or sand flats for those evening strolls. Also, Saybrook Point continues to be a truly beautiful river-viewing destination. While you are at the Recreation Center don't forget to pick up a schedule of the walking track, gymnasium, and games rooms.

*Anyone who has a talent to share that would be interested in instructing an activity should contact the Recreation office at 395-3152*



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## Toddler Tunes Begins in September



### The ever-popular interactive *Toddler Tunes* begins September 13

It's never too early to introduce your little one to the joy of music! Old Saybrook Youth and Family Services offers its interactive program "Toddler Tunes" for children aged birth to 30 months, accompanied by their parent or guardian. The program is led by popular local musician Tammi Dunlap. Tammi makes learning fun by incorporating easy-to-learn songs that teach kids about the world around them, numbers, the alphabet, body parts, and animals. There are

even songs about grandparents!

The next session will be starting on September 13. For more information or to register, visit our website at [www.oldsaybrookct.org/youth](http://www.oldsaybrookct.org/youth) or call Youth and Family Services at (860) 395-3190.

## Friends of the Acton Public Library

The Friends had another successful year raising funds in support of its mission: To foster closer relations between the Acton Public Library and the citizens of Old Saybrook, to promote knowledge of the functions, resources, budget of the Library, and perform other services deemed helpful for the Acton Public Library.

Some of the Friends activities which helped raise funds are: membership donations, mini- book sale, annual books and bake sale, Essex Savings Bank grant, Guilford Savings Bank grant, etc.

Activities funded are: Adult Programming, AED Equipment, Book Discussion, Children's Programs, Children's Movies, Christmas Time Gifts For Children, Classic Audio Books, Classic Books, Copier, Counting Contest, Hanging Rod for Artwork, Magazines, Museum Passes,

*Continued on page 24*



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## Youth Summer Stock Theater: "GREASE"



The cast of Old Saybrook's Youth Summer Stock Theater took to the stage at The Kate for five performances of *Grease* on July 13, 14 and 15. The company, sponsored by Healthy Communities Healthy Youth and Youth and Family Services, was comprised of thirty-three 7th-, 8th- and 9th- grade students and led by veteran and dynamic Director Lorra Webb. Ms. Webb's creative production team featured Assistant Director Michael Cronin, Musical Director Joni Gage, and Choreographers Debra Mals and Marris Mals. Also playing an integral part in this year's expanded program were the nearly 30 high school and college veterans of former OS Youth Summer Stock companies who volunteered their talents and experience as leaders, mentors, artists, and musicians.

The audiences responded overwhelmingly to *Grease* - a timeless show that all can identify with as it delves into the exploration of relationships, peer pressure, love, growing up,

change, and moving on. In preparation for their sold-out performances, the company played theater games, discussed characterization, emotional connection, costume design, and participated in trust exercises, improvisation, vocal exercises and dance. Throughout the program the students were empowered to draw deep from their own strengths and creativity, to trust themselves, each other, and the process of letting go to embrace the artist within. "We can provide no greater gift to our young people than the opportunity to break down barriers to connect with one another through the arts," says Director Webb.

For more information about Old Saybrook Youth Summer Stock Theater or Healthy Communities · Healthy Youth, please contact Wendy Mill, HCHY Coordinator at 860-510-5050 or wmill@town.old-saybrook.ct.us.

*Submitted by Youth and Family Services'  
HCHY Coordinator Wendy Mill*

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### *Acton Public Library ... continued from page 23*

Poetry Contest, Program Room Tables, Replacement of Classic Children's Books, Summer Reading Club Prizes, Teen Programming, Summer Reading for Prizes, Web Page Maintenance, and more...

Check the library webpage ([www.actonlibrary.org](http://www.actonlibrary.org)) or call 860-395-3184 for information regarding upcoming programs funded by the Friends.

In May, the Friends held election of officers at their annual meeting:

Co President	Betty O'Brien
Co-President	Jan Crozier
Vice President	Patricia Flanagan
Corresponding Secretary	Cathie Thomas
Recording Secretary	Margot Robbins
Treasure	Susan Coppejans
Assistant Treasurer	Mary Aery

Many thanks to the retiring board members for all their hard work.

*Betty O'Brien and Jan Crozier, Co-Presidents  
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## What every family should know about at-sea burial options.



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# Youth and Family Services' School Based Youth Leadership Programs



Youth and Family Services offers many opportunities for youth to develop leadership skills and provide service to their schools and community. Below please find a listing of some of these opportunities and whom to contact for more information.

**OSMS Peer Advocates** - Old Saybrook Middle School Peer Advocates are also often referred to as Youth to Youth Mentors. 8th-grade students who participate in the training are subsequently paired up with 4th- or 5th-grade students in a mentoring role. Youth and Family Services staff work with middle school staff to invite students to participate in this rewarding and fun group. The student pairs and the entire group engage in activities and games throughout the academic year in a structured setting at the school. The group meets once weekly, for about 45 minutes. If you are interested in participating in OSMS Peer Advocates, please contact Kristen Cartier, Youth Coordinator at Youth & Family Services. Phone: 860-510-5049. Email: kcartier@town.old-saybrook.ct.us.

**Youth Asset Teams** - YFS facilitates Youth Asset Teams at the middle school and at the high school. Both teams embody

and promote the 40 Developmental Assets among their peers. Each Asset Team organizes and participates in school and community-based events to spread the knowledge and use of the 40 Developmental Assets (which are defined by Healthy Communities · Healthy Youth as 40 key building blocks that help kids succeed). It's a great leadership opportunity for students who wish to be actively involved in educating others and advocating for positive outcomes in their school and community.

**The 8th Grade Asset Team** meets once weekly at Old Saybrook Middle School. Contact Kristen Cartier, Youth Coordinator for information about the group. Phone: 860-510-5049 Email: kcartier@town.old-saybrook.ct.us.

**The HS Asset Team** also plans to meet weekly at Old Saybrook High School. Contact Wendy Mill, HCHY Coordinator for information about the High School Youth Asset Team. Phone 860-510-5040 or email wmill@town.old-saybrook.ct.us.

**High School REACH Team** - REACH is an acronym for Responsible Educated Adolescents Can Help and its members are students in grades 9-12. REACH is an active student group that stands for positive decision-making and discourages underage drinking and drug use. REACH members plan and engage in many events and activities throughout the school year. These events include national and state initiatives such as annual Walk Like MADD 5K, Sticker Shock Campaign, and the Big Bowl Vote as well as local initiatives. The group meets after school, once weekly for about 45 minutes. REACH students aim to make a positive impact on their school and community. If you are interested in participating in the high school REACH group, please contact Kristen Cartier, Youth Coordinator at Youth & Family Services. Phone: 860-510-5049. Email: kcartier@town.old-saybrook.ct.us.

## Old Saybrook Early Childhood Council News

OSECC Upcoming Parent and Provider Workshop:  
Kindergarten Readiness  
December 5, 6:30 – 8:30 p.m.  
Acton Public Library

Participants of the workshop will learn the five key areas of school readiness and ways to help their child get ready for school. This workshop will be facilitated by Valerie Grant, Early Childhood Specialist, 211 Childcare.

For more information please contact,  
Melinda Tyler, MA, MFT, Youth and Family Counselor at  
Old Saybrook Youth and Family Services, (860) 510-5046.

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# OLD SAYBROOK NEWCOMERS' GUIDE

## WELCOME TO OLD SAYBROOK!

On behalf of Events Magazines, welcome to Old Saybrook. Whether you are new to Connecticut or just new to Old Saybrook, you will find wonderful people and places to visit in town. From the Old Saybrook Torchlight Parade to the Arts & Crafts Festival, Old Saybrook has something for everyone. Below are important phone numbers; tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses. Please use this guide and "Buy Local" - we do!

### - BUSINESS & PROFESSIONAL SERVICES -

#### CLUBS AND ORGANIZATIONS

American Legion .....860-388-9482  
 Chamber of Commerce .....860-388-3266  
 Estuary Council of Seniors .....860-388-1611  
 Main Street Business Association  
 .....860-388-6850  
 Old Saybrook Historical Society  
 .....860-388-2622  
 Old Saybrook Lions Club .....860-399-6850  
 Old Saybrook Woman's Club ....860-395-1206  
 Rotary Club .....860-388-4271  
 Veterans Affairs & Memorial Day Parade  
 .....860-388-9170  
 Middlesex County Community Foundation  
 .....860-347-0025

#### PUBLIC LIBRARY

Acton Public Library .....860-395-3184

#### PUBLIC SCHOOLS

Superintendent's Office .....860-395-3157  
 Goodwin School .....860-395-3165  
 Middle School .....860-395-3168  
 Senior High School .....860-395-3175

#### RELIGIOUS SERVICES

Full Gospel Tabernacle Church ..860-388-2085  
 St. John's Roman Catholic Church  
 .....860-388-3787  
 First Church of Christ, Congregational  
 .....860-388-3008  
 Emmanuel Baptist Church.....860-388-2582  
 Grace Episcopal Church .....860-388-0895  
 St. Paul Lutheran Church .....860-388-2398  
 Christian Science Church .....860-388-2670  
 Valley Shore Assembly of God ..860-388-0662  
 Baha'is of Old Saybrook .....860-388-5948

#### Attorneys

Polito & Quinn .....860-447-3300  
 Trendowski & Allen, P.C. ....860-767-9044

#### Auto Service

Auto Service of Old Saybrook ....860-388-6838

#### Banks

Essex Savings Bank .....860-388-3543

#### Burial at Sea

SeaCeremony .....860-598-9090

#### Cinema

Madison Art Cinemas.....203-245-3456

#### Clothing

Azul Fine Clothing .....860-388-0016  
 Southern Exposure .....860-399-4445

#### Construction

Mark Reeves, Builder .....860-388-3825

#### Drywall

Cyr Drywall, Inc. ....860-669-5488

#### Exterminators

Professional Exterminating Company Inc.  
 .....860-388-4483

#### Financial Services

Essex Financial Services.....860-767-4300  
 MacKinstry Financial .....860-669-9900  
 Sullivan Financial Group LLC .....860-388-9628

#### Formal Wear

Colin's Tux Shop .....860-395-0004

#### Funeral Home

Robinson, Wright & Weymer .....860-767-8000

#### Gift Stores

The Christmas Barn .....860-767-1181  
 Toys Ahoy! .....860-767-2067

#### Hearing Services

County Hearing and Balance .....860-388-0022

#### Hospital

Middlesex Hospital  
 .....www.middlesexhospital.org

#### Insurance

RMB Insurance Group .....877-723-9956

#### Jewelry

Angie's Jewelry & Gifts .....860-510-0151

#### Lawn Care Services

Greenscape .....860-669-1880

#### Men's Apparel

Anchor & Compass .....860-322-4327

#### Oil Company

Moroni and Son .....860-388-2298

#### Optical

Cartier Optical .....860-388-0205

#### Podiatry

Center Podiatry .....1-800-676-3668

#### Printing

Essex Printing .....860-767-9087

#### Real Estate

Coldwell Banker / JH&H.....860-388-6636  
 Coldwell Banker / Susan Malton ..860-227-0117  
 JM Realty .....860-388-0275  
 Mary LeBlanc Realty .....860-388-8858  
 Team Jermaine .....860-662-0230  
 William Raveis / Betty Martelle ..860-339-5251

#### Resort & Spa

Water's Edge Resort & Spa .....860-399-5901

#### Restaurant

Cafe Routier.....860-399-8700

#### Retirement Living

Chester Village West .....860-526-6800

#### Transportation

Nine Town Transit .....860-510-0429

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 The Paint Shop .....860-388-2345

WANT TO BE LISTED ON THE NEWCOMERS' PAGE?

*Call Diane Brown at 860-383-6376*

# Images of the Youth Art Booth



On behalf of Old Saybrook's Healthy Communities-Healthy Youth initiative and Youth and Family Services, we would like to extend a heartfelt thanks to the Chamber of Commerce.



Thanks to the Chamber's generosity, a 'Youth Booth' graced the Green again this year during the Annual Arts and Crafts Festival.

Student artists were provided a forum in which to exhibit their artwork, and discuss their work with patrons and other artists. This year 11 students were featured at the booth – from 7 to 18 years old.

Many thanks also to the adult volunteers who helped man the 'Youth Booth' alongside our student artists. We are confident they enjoyed the experience as much as the students.

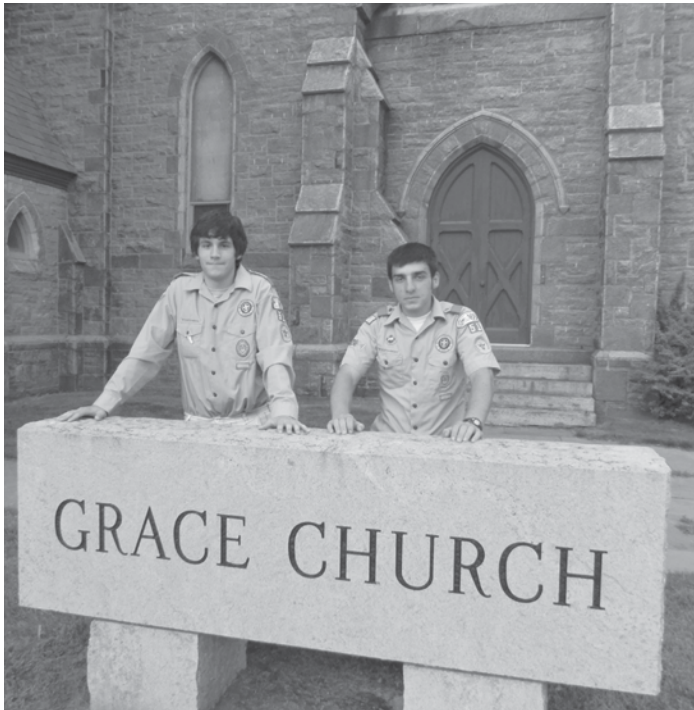
Last, but certainly not least, we thank each of the students who participated in our 'Youth Booth'. Our staff, the volunteers and patrons felt it was wonderful to meet each of you, work with you and share your artwork.



For Information about this and other asset building opportunities, contact:  
Healthy Communities Healthy Youth and Youth and Family Services  
322 Main Street  
Old Saybrook, Connecticut 06475  
Phone: 860-395-3190



## Troop 51 Welcomes Newest Eagle Scouts



*Benjamin Murdy and Patrick Malin*

Old Saybrook Boy Scout Troop 51 has two new Eagle Scouts, Patrick Malin and Benjamin Murdy, who received Scouting's highest honor during an Eagle Court of Honor ceremony this summer.

The two teens received their Eagle Scout awards at the Troop 51 Court of Honor at Grace Episcopal Church in Old Saybrook on July 23. To achieve an Eagle Scout badge, each Scout has to demonstrate leadership, responsibility, and maturity, earn at least 21 Merit Badges and design and fully execute an extensive service project that benefits the local community.

For his Eagle project, Patrick Malin helped the Old Saybrook Land Trust find and mark the boundaries of the Great Cedars Conservation Area-East. The Eagle project took nearly 200 hours to complete with the help of other Troop 51 Scouts, family and friends. He attained his Eagle Scout rank on Jan. 19, 2011. Patrick is a graduate of Old Saybrook High School and will be attending Plymouth State University in New Hampshire this fall studying chemistry education.

Benjamin Murdy's Eagle project involved the planning, organization and leadership of the cleaning, mortaring and waterproofing of the basement of the Youth and Family Services office on Main Street in Old Saybrook. In addition, he painted the welcome area of Youth and Family Services,

*Continued on page 30*

## Health Care - What You Should Know

What is happening with Medicare? You hear it mentioned on TV often or listen to political candidates telling you what will happen to it as if they really know.

Many Baby Boomers are approaching benefit age and hoping it will still be there. Those people getting Medicare benefits are wondering if it will improve or cover less and get more expensive. Telling you everything about Medicare could take hours but there are a few things you should know.

First, it is not being eliminated, there is no current proposal to end it and when you listen to political commentators talk, consider that they may be more adept at predicting the weather than what will happen to Medicare. It is here to stay and actually has been improving as time goes on.

Put simply Medicare is broken up into 4 "Parts" Part A, which covers hospital services, Part B which covers Major Medical and Physician Services. Part C which is comprised of a large selection of private insurance plans that either supplement or replace Medicare with an equal or improved version, and Part D which is comprised of Medicare approved drug-prescription benefit options.

*Continued on page 31*

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## Social Services Fall Programs

**Energy Assistance** - is available by application for qualified households in need of help with heating costs this season. The state program will be sending representatives down to Old Saybrook again this year to help residents access the program. Residents can sign up at our annual Energy Blitz sign-up day right here without having to go to Middletown! This special sign-up day is being arranged for early fall and you can register by calling Social Services at 860-395-3188 now.

**Assurance Wireless Free Phone with 250 Minutes** - If you are receiving any state programs such as energy assistance, food stamps or have a Connect Card for medical use including if you are a senior and have a gray Connect card through the Medicare Savings Program, you may be eligible for a free phone from Assurance Wireless with 250 free minutes to use monthly. Applications can be made through Social Services. Please call 860-388-3188.

**Dental Help for Old Saybrook Residents** - Old Saybrook residents who are uninsured or unable to pay for needed dental care may qualify for a new local initiative to help our residents get the care they need. Local social service and health professionals have begun a local program to help those in need. You can inquire about how to apply and be scheduled for our local clinic help by calling Social Services at 860-388-3188.

**Employment Workshop** - On Thursday, September 22 from 9:30 - 11:30 in the first floor conference room of Town Hall, we will offer our first Employment Workshop for the fall, for Old Saybrook residents in need of job help. Our speaker will be Lewis Slotnick, MS, LADC of the United Labor Agency who will discuss help with job search assistance and career counseling services as well as rehabilitation services that are free to residents needing help in getting back to work. Workshop attendees will be able to take advantage of free services and three free half day workshops that will run from 9 a.m. - 12 noon at the United Labor Agency in Middletown on November 1, 2 and 3. There is no charge for the workshops and attendees can get help with transportation to Middletown if they wish to take advantage of the full program. Topics and services provided include Career Counseling, Career Exploration, Labor Market Information, Interview Techniques, Professional Resume Preparation and Job Search Assistance. If you are unemployed and would like more information on this, or to register for the Employment Workshop, call Susan

Consoli, LPC, Social Services Coordinator at 860-395-3188 or by email at [sconsoli@town.old-saybrook.ct.us](mailto:sconsoli@town.old-saybrook.ct.us)

**Your Credit Score and How to Repair Credit** - This workshop will be the first of a financial management series to help residents understand their credit scores, what impacts your credit score and how to repair or raise your credit score. Credit is one of the first things damaged in difficult financial times and further places a burden on an already stretched budget when payments mount and interest rates and fees rise. Credit Scores are also important when applying for other needed credit or when purchasing or renting a home and are even asked for with employment applications. This workshop will be held on Thursday, September 22 at 1 p.m. - 2:30 p.m. at the Town Hall in the first floor conference room. Information on how to obtain a free credit report and other handouts will be provided. This workshop is being provided by Social Services Coordinator, Susan Consoli, MA, LPC and Jason Smith, Vice President and Manager of Liberty Bank who will be our guest speaker and can help answer any questions you may have. Mr. Smith will also be joining us for our continued financial management series in October. To register for this workshop please call Susan Consoli, LPC, Social Services Coordinator at 860-395-3188 or by email at [sconsoli@town.old-saybrook.ct.us](mailto:sconsoli@town.old-saybrook.ct.us)

**Money Management and Budgeting in Tough Times** - It seems that while we are hearing of budget crises in our government we are also experiencing it at home in our own budgets! Times are tough and money management may not be the same as we have been used to. New problems call for new ways to manage in the current economic climate. This workshop will build on what we've learned about Credit Scores and How to Repair Credit and give hands on help and new ideas in money management and budgeting to help your dollars work harder and go further for you. Old Saybrook residents can attend this workshop which will be held on Thursday, October 27 at 1 p.m. - 2:30 p.m. in the first floor conference room of Town Hall. This workshop is part of a series of financial management workshops being offered by Social Services. Jason Smith, Vice President and Manager of Liberty Bank will be with us once again to help you with money management strategies that work in tough times. To register for this workshop please call Susan Consoli, MA, LPC, Social Services Coordinator at 860-395-3188 or email [sconsoli@town.old-saybrook.ct.us](mailto:sconsoli@town.old-saybrook.ct.us)

*Eagle Scouts ... continued from page 29*

working with fellow Scouts, family and friends throughout the February school break to complete the community project. He attained his Eagle Scout rank on April 27, 2011. Benjamin is a graduate of Old Saybrook High School and will be attending Loyola University in Baltimore this fall, studying psychology.

Boy Scout Troop 51 in Old Saybrook has experienced

rapid growth over the past several years and now has a Scout membership of almost 60. The troop is sponsored by Grace Episcopal Church in Old Saybrook and is led by Scoutmaster Bill Hart. For information about joining or assisting Troop 51 in Old Saybrook, please contact John Puttre, committee chairman, at 860-227-5721.

- Tony Cronin, Troop 51 volunteer



## Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities.

Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability. Collectively, they planted the seed that would bloom into Growing Possibilities.

Adults on the Autism Spectrum hold many talents...yet today only 12% of adults with ASD are employed.

**How We Grow** - In 50,000 square feet of heated glass greenhouse, our premium roses and lilies are cut and packaged daily. We personally deliver to CT, NY, NJ, MA and we ship anywhere in the United States!

We are a local farm planting the seeds of possibilities for the autism community. Your rose purchase supports the development of inclusive work-place opportunities for adults on the autism spectrum. We grow amazing fragrant roses with amazing people!

[www.rosesforautism.com](http://www.rosesforautism.com), or [www.rosesforautism.com](http://www.rosesforautism.com)

*Pinchbeck's Rose Farm 203.453.2186  
929 Boston Post Rd., Guilford, CT 06437*

### Health Care ... continued from page 29

Compared to traditional health care costs Medicare is not expensive and is available to all those eligible. There are windows each year to make changes to the type of Medicare plan you have.

Nice people on TV, helpful sales agents, AARP and celebrities tell us all about their great private Medicare plans and they remind us to call toll free right now. WRONG! Only you can determine what fits your current needs and you have plenty of opportunity to adjust your Medicare options as your situation changes.

Want to know about your Medicare options, eligibility, windows for enrollment and changes then go to <http://www.medicare.gov> the Official U.S. Government Site for Medicare. If you use an internet search engine it usually appears at the bottom of the page past all the websites selling their Medicare plans and products. Good idea to initially avoid many of those sites.

Last, all Medicare plans are approved by the Center for Medicare Services (CMS), must meet certain standards and hence are as good as another. They differ in price and scope to serve an individual's requirements. A particular Medicare provider may not have a plan that fits your needs so best to be wary of an agent or advertisement that seem to push one provider or plan

Work with agents from an agency that represents many or all providers and are more informative than persuasive. The best agents will listen more than talk and provide you with information and appropriate options rather than try to sell you a particular plan.

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[Kurt Zemba is a resident of Old Lyme and President of RMB Group, a multi-state licensed insurance agency, operating nationwide providing employee benefits, health, life,

disability, dental, vision and senior care products for groups and individuals. Have a health topic you would like to know more about? We would be happy to pass it on to Kurt at RMB to be addressed in an upcoming issue. Email your request to [dbrown@eventsmagazines.com](mailto:dbrown@eventsmagazines.com).]



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## Middlesex United Way Announces Funding for Four Local Programs

Middlesex United Way Board of Directors recently approved fund distributions in the amount of \$964,304 for fiscal year 2011-12. This amount is \$45,000 more than was allocated in 2010-11. This funding includes support to 49 programs in Middlesex County, the installation of multiple Born Learning Trails on Day of Caring on September 7, two future requests for proposal in Education and Housing, and \$30,000 for new opportunities this fall that will help United Way reach its Five Year Goals for the Common Good.

The breakdown of fund distributions by focus area is: \$148,156 for education; \$141,350 for income; \$498,080 for health; and \$130,433 for housing. Programs in Old Saybrook supported by Middlesex United Way are: H.O.P.E. Partnership; The Connection, Inc.; Old Saybrook Youth & Family Services -

Healthy Communities / Healthy Youth Programs and Old Saybrook Youth & Family Services - School Readiness Initiative Programs.

One of United Way's partners in the Healthy Communities-Healthy Youth & School Readiness initiatives is Old Saybrook Youth & Family Services. Heather McNeil, Director, says "Partnering with United Way helped us add a significant component to our 'Community Service' project." says Heather McNeil, Director of OS Youth and Family Services. "Students from grades 7- 12 have the opportunity to engage in a project that identifies need within our community and the 'Hunger Project' students chose to combine the recent United Way Diaper Drive with their efforts to gather resources for the local food pantry. Not only did they make a significant contribution to the pantry of both food and much needed diapers, but the students commented on how they gained a greater awareness of health risks associated with families not having enough resources for diapering supplies for their children."


In addition to these distributions and included in the overall amount, United Way 2-1-1 was allocated \$16,285. 2-1-1 is a 24-hour information and referral helpline that is available free of charge to anyone in Connecticut. 2-1-1 is a partnership between Connecticut United Ways and the State of Connecticut. Leading the program review and fund distribution each year are Community Impact volunteers who bring experience and expertise in health and human services. Four volunteer teams, based on the four focus areas meet regularly throughout the year, evaluate program performance and financial health, and analyze program results. United Way's Community Impact Council then makes funding recommendations to the full board of directors for final approval.

Kevin Wilhelm, Middlesex United Way Executive Director, notes "This hard work is done by dedicated individuals who volunteer their time to make important decisions. They have a passion for giving back and strengthening our community."

If you are interested in becoming a Community Impact volunteer or would like to volunteer on Day of Caring on September 7, please contact Middlesex United Way at (860) 346-8695 or visit [www.middlesexunitedway.org](http://www.middlesexunitedway.org) and click on 'Volunteer.' Middlesex United Way advances the common good by creating opportunities for a better life for all. Our focus is on education, income, health and housing - the building blocks for a good quality of life. United Way recruits people and organizations who bring the passion, expertise and resources needed to get things done. You are invited to be part of the change by giving, advocating and volunteering.

*Middlesex United Way serves the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.*

### FAMILY DAY 2011



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Coordinated by OS Healthy Communities-Healthy Youth & Youth and Family Services with support from Old Saybrook Municipal Agencies, Schools, Businesses and Civic Organizations.  
*Parents, Schools, Community: Working Together To Give Our Kids What They Need To Succeed.*

## A Valley Shore YMCA Membership Saved My Life

The mission of the Valley Shore YMCA is to develop and encourage the growth of all individuals in Spirit, Mind and Body, in an atmosphere of mutual respect. This means different things to four generations of women in my family. To our six year old granddaughter, it means showing her family that she can swim independently, without a bubble. To her mother and aunt, the Y means swim and gymnastics lessons, as well as summer camp and teenage employment. To her great grandmother, the YMCA means mastering the mind-over-matter challenge of learning to swim in her 70s, despite a lifelong fear of being in water over her head.

I have enjoyed regular exercise at the Valley Shore Y for four decades, where I am a member of our local Board of Directors. I have also been influenced by the world community leadership of the YMCA, with its ability to connect people across the world and train them for community leadership and social service.

I recently experienced a health crisis which served to underscore the mutual importance of the three worlds of mind, body and spiritual health. I contracted a bacterial staphylococcal infection, for which my medical team could not find a cause. The infection rapidly spread to my heart and my brain. Treatment required three surgeries and intravenous antibiotics to stem the infection. My cardiologist informed my family that there is a 40% mortality rate associated with endocarditis, and that the risk of three surgeries boosted that rate exponentially.

But one week after the surgeries, I was alive and lucid. Clinicians from other medical specialties (internal medicine, infectious disease, neurology, orthopedics, and ENT) joined my cardiology team and treated me over the next month. Three weeks at a rehabilitation facility followed the hospitalization. Although there are many unanswered questions

about the cause of the staph infection, there was universal consensus about WHY I survived the ordeal. All agreed that my state of health enabled me to endure the surgeries and fight the infection. The recurring comment from the medical community was that "I did not look like my chart"; I seemed stronger than my records indicated.

The fitness I have acquired at the YMCA and often take for granted provided the strength to survive the surgeries and jumpstart a return to health. "Mind" and "spirit" components also formed a net that carried me through the pain and worry of losing my health. The strength of my family, friends and YMCA colleagues prevailed whenever I had doubts about recovery. I am now enjoying regular, although modified workouts at the Valley Shore YMCA. My cardiologist predicts that I will "return to baseline", eventually resuming normal activities.

My granddaughter learned to swim at the YMCA, and my daughters formed life-long connections with the Y. My mother-in-law conquered her fear of water at the Y. And I reclaimed my appreciation for the mind-body-spirit power of the YMCA. Thanks, Y colleagues, for supporting so much more than my physical recovery alone.

- Kathleen C. Laundy, PsyD, LMFT

## Boxes for Soldiers

Shoreline Community Women sends care packages to our troops in Iraq and Afghanistan, and do this through continuous community support from businesses, schools, scout troops, churches, and citizens. We send boxes all year. Shipping is paid through donations. Each box includes toiletries, healthy snacks, and letters or cards from school children. Items needed: wet wipes, socks (white or dark), hot and cold drink mixes, nuts, hard candy, gum, instant oatmeal, sunscreen, bug repellent (not aerosol), men's razors, DVD's, sudoku-crossword books, foot powder, healthy snacks: raisins, granola bars, trail mix, etc.

Monetary donations can be made to Shoreline Community Women, P.O. Box 51, Clinton, CT 06413. For more information, or if you'd like to give us a military address, contact Cindy Stevens at 860-669-1109, Brenda Farrel at 860-669-0750, or email snowsblock@aol.com.

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# Centennial Connections: Crossing the Connecticut



Photo Courtesy of Robert Lorenz

On Wednesday, August 24, in celebration of the 100th Anniversary of the Baldwin Bridge, an antique auto procession took place starting at Old Saybrook's Main Street, crossing over the Baldwin Bridge to Old Lyme, returning over the bridge, taking Ferry Road back to Main Street and ending at Saybrook Point. The Old Lyme Town Band performed dockside as cars were displayed, and a commemorative luncheon took place at Dock & Dine Restaurant.

For hundreds of years the CT River was a barrier to east-west travel that was only overcome by an uncertain and frequently death-defying ferry service. Sometimes it took four or five hours to cross the river. Sometimes the little vessel did not reach its intended landing spot.

In the early 1900s, a growing number of automobiles led to popular support for a bridge to cross the river. In 1909 Governor Frank B. Weeks signed a bill to construct a toll bridge across the Connecticut River. The new bridge was built in 17 months costing a little less than its budgeted \$500,000. It was 1800 feet long and 24 feet wide with a surface of spruce planks over yellow pine. The drawbridge gave a 200 foot clearance to vessels and was operated by electricity from the Shore Line Electric Railway Company powerhouse on the river bank at Ferry Road.

A bridge was a huge change - a once in a lifetime event - that was dedicated on August 24, 1911, when thousands of

people came by train, automobile, carriage, and on foot to see the beauty and take part in the celebration. The local paper reported that the new connection "was opened with a monster automobile parade and formal exercises befitting the occasion." The incredible "monster" parade included 500 decorated automobiles.

But by 1947 the narrow structure carried a daily average of 6,500 cars and trucks and the bridge was opened some 1500 times causing both road and river backups. Once again legislators proposed a new bridge named after Governor Raymond Baldwin. The name remained when, once again, in 1993, similar over-capacity problems led to the construction of a third bridge.

by Tedd Levy

[Excerpted from the Old Saybrook Historical Society's Centennial Connections Crossing the Connecticut program book]



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# 7th Annual "Autumn on the Dock" Fundraiser

## September 18th

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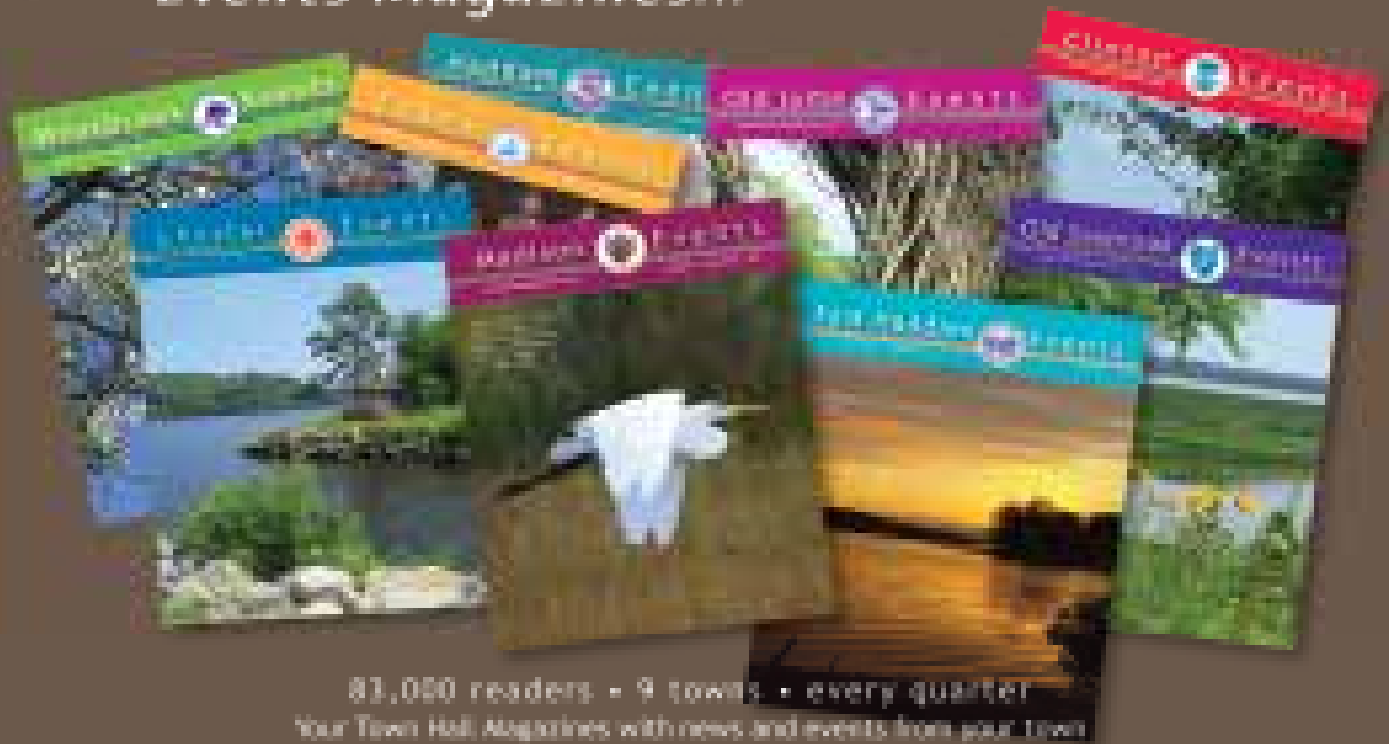
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